



Irish Stew

32 Count 4 Wall Low Intermediate Line Dance (2004)
Music: Irish Stew by Sham Rock
126 bpm – Intro: 32 Counts

Choreographer: Lois Lightfoot - Harwich, Essex UK
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1 – 8 TOE SWITCHES SIDE, CLAP TWICE, HEEL SWITCHES FORWARD, CLAP TWICE

- 1 & Touch R toe to right (1); Step R beside L (&)
- 2 & Touch L toe to left (2); Step L beside R (&)
- 3 & 4 Touch R toe to right (3); Clap twice (&4)
- 5 & Touch R heel forward (5); Step R beside L (&)
- 6 & Touch L heel forward (6); Step L beside R (&)
- 7 & 8 Touch R heel forward (7); Clap twice (&8)

9 – 16 SHUFFLE FORWARD, ROCK, RECOVER, COASTER STEP, 1/2 PIVOT TURN L

- 1 & 2 Step R forward (1); Step L beside R (&); Step R forward (2)
- 3 – 4 Rock L forward (3); Recover onto R (4)
- 5 & 6 Step L back (5); Step R beside L (&); Step L forward (6)
- 7 – 8 Step R forward (7); Turn 1/2 left shifting weight to L (8) (6:00)

17 – 24 CROSS ROCK, RECOVER, CHASSE/TRIPLE, REPEAT WITH L

- 1 – 2 Cross rock R over L (1); Recover onto L (2)
- 3 & 4 Step R to right (3); Step L beside R (&); Step R to right (4)
- 5 – 6 Cross rock L over R (5); Recover onto R (6)
- 7 & 8 Step L to left (7); Step R beside L (&); Step L to left (8)

25 – 32 TOE TOUCHES, SAILOR, TOE TOUCHES, SAILOR 1/4 TURN L

- 1 – 2 Touch R toe forward (1); Touch R toe to right (2)
- 3 & 4 Step R behind L (3); Step L to left (&); Step R to right (4)
- 5 – 6 Touch L toe forward (5); Touch L toe to left (6)
- 7 & 8 Step L behind R (7); Turn 1/4 left stepping R to right (&); Step L to left (8) (3:00)

Start again.

